

Divorce Recovery Series: A Process of Growth

Six Tuesdays starting September 15

Whether divorce was a choice for you or you had no choice, it is a major disruption in your life. Everything changes, including your very identity. How do you get a handle on it all, mourn the losses, and embrace the opportunities?



**Reconfigure the Box of Past Hurts
into a Circle of Hope!**

Marianne Skrobiak, M.S., L.P.C., who is both a psychotherapist and former Adult and Family Minister, will lead the group on **six Tuesdays from September 15 through October 20 from 7:00-8:30 pm.** The cost is **\$40 per person**, with assistance available if needed. Contact Terri Schiller, at 262-512-8985, with questions.

Outline of Sessions

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| I. The Grief Process | II. Deciding to "Let Go" |
| III. Stages of the Divorce Experience | IV. New Beginning |
| V. Achieving Balance and a Positive Outlook | VI. Ritualizing Our Good-Byes |

Location & Time

Lumen Christi Church
Corner of Range Line Rd. & Mequon Rd
Mequon
Matthew/Mark Room 7:00 pm

Name: _____
Address: _____
City: _____
ZIP: _____ Phone: _____
E-Mail: _____ Parish: _____

To register, please detach and return this form, along with a **\$40 check** payable to **Lumen Christi**, to the address listed to the right.

Divorce Recovery Series

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